## Sailors Spend Time With Everett Elderly

By MC2(SW) MICHAEL HART

Penny Press editor

Sailors from USS Abraham Lincoln (CVN 72) visited elderly residents of the Everett Rehabilitation and Care Center Oct. 20.

The visit was organized by Abe's Religious Ministries Dept. The visit gave Sailors a chance to bring a bit of companionship to those staying at the care center.

"It's important for people to do things for others," said Chaplain (Lt.) Kenneth Nielson. "Think of the joy they'll give people by doing this."

Nielson went on to say that he hopes to bring Abe Sailors as often as possible.

"I would like to have people come here every week or two," Nielson said. "The activities director would really like that to happen because that's how they get to know people."

For one Sailor, getting to know the people at the center was what the visit was all about.

"I enjoy talking to the folks here," said Aviation Ordnanceman 3<sup>rd</sup> Class Jim Gray, from Weapon's G-3 division. "They have a lot of good stories."

Volunteers at care centers and nursing homes play a vital role



MC3 Bret Morton

AT1(AW) Paul Salter (middle) and Lt. Jason Homer (right) volunteered to spend time with patients at the Everett Rehabillitation and Care Center on 112th St.

in the quality of the patient's life.

"Having volunteers here is extremely important," said Kristen Kunkle, activities director. "When people come in, it shows that they care and it greatly improves the quality of the patients' lives."

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## **Award Ceremony Held For Naval Photography**

By MCSN James Evans Penny Press staff

USS Abraham Lincoln (CVN 72) photographers won two awards at the 4th annual Walter L. Richardson Photographer of the Year awards and symposium.

The Pacific Northwest chapter of the National Association of Naval Photography (NANP) hosted the event at the Naval Station Everett Morale, Welfare and Recreation Commons ballroom Oct. 11.

"It's really great to be recognized for our art and to have a chance to meet with other photographers from the fleet and see what they've been shooting," said Mass Communication Specialist 3rd Class (AW) Moses Yoder, from USS Abraham Lincoln (CVN 72), who won best individual category for outdoor photography.

The event, named after Ens. Walter L. Richardson, who is considered the "father of Naval photography," was originally

conceived to recognize outstanding photography submitted by active duty photographer's mates stationed on the West Coast.

"I've been a judge every year and I have to say that the photography has just gotten better and better," said Terry Lang, a retired master chief photographer's mate and NANP regional chapter president.

This year's contest was expanded

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Inside

Robin William's new film, "Man of the Year"...

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Win a free trip to Australia, mate.....

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## At The Movies

# Man of the Year Has 'Everything'

By MC2(SW) Dan Cleary Penny Press staff

The movie in the spotlight this week is the political comedy "Man of the Year" starring Robin Williams (RV), Laura Linney (The Exorcism of Emily Rose) and Christopher Walken (Click).

The movie focuses on Tom Dobbs (Robin Williams), a comedian who runs a successful political talk show much like Jon Stewart's "The Daily Show."

Night after night, Dobbs makes fun and pokes at the government and its politicians. During one of his shows one audience member makes an off-hand remark that he should run for president. At first Dobbs just dismisses it, but slowly and surely he finds it to be a great idea.

What better way to shake up the U.S. government than have a comedian run for president?

Loyal fans of Tom's show get him on the ballot in 13 states, and he could win the election if he won all 13.

Knowing that he doesn't have a snowball's chance in hell to win the election, Dobbs decides to go all out. He turns the Presidential debates into his own comedy hour and constantly slams the political parties as a big joke.

Election night comes. Thinking that the joke is almost over Tom decides to spend

the evening with his manager Jack (*Christopher Walken*). To his utter and complete shock he becomes the new president that night.

As if living a dream, Tom has defied the odds and came out on top. In comes Eleanor Green (*Laura Linney*) to burst his bubble. Ms. Green works for the company who tallied the election votes. According to her the computer that did the counting has an error and that's how he won. Eleanor's company isn't going to admit there's a fault in fear of bankruptcy or jail.

Tom has to decide: should he be President or should the man the people really elected get the job. Robin Williams definitely shines in this movie. Although his last movie (RV) wasn't really funny, he brings the funny in a big way in this movie. The political humor in this movie is sure to make even a right wing republican laugh.

The jokes they tell are all things we as Americans find stupid or ironic like politicians being backed by big companies or the stupidity of today's political parties.

Overall this movie is definitely worth seeing in theaters. It's got everything you need for a good comedy: a good story, laugh-out loud jokes, and Christopher Walken (who is the man by the way).

Robin Williams brings the humor to this year's newest political comedy to earn four out of five Dano's.







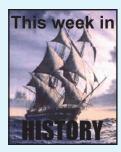






Had a drink? Get a ride!
Call (425)530-1934 for Abe's Smart Ride.
A phone call now can save you a
headache later.





Oct. 24, 1958

USS Kleinsmith (APD 134) evacuates U.S. nationals from Nicaro, Cuba.

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MCSN Michael McNabb

## News

# **CNO Wishes Navy Happy B-Day**

From Adm. Mike Mullen Special to Penny Press

For the fifth straight year we will celebrate our Navy's birthday -- this one the 231st -- at war. In fact, it was five years ago this month that naval forces launched the first strikes against the Taliban from ships steaming in the Indian Ocean. Today, from the Western Pacific into the Persian Gulf and Mediterranean, all the way to the Horn of Africa and even to our own shores, tens of thousands of deployed Sailors continue to take the fight to the enemy.

We are helping stem the tide of terrorism and preventing the conditions from which it proliferates, and we are doing it all in magnificent fashion. I note with particular pride that there are more Sailors supporting operations on the ground in the CENTOCM AOR (12,500) than we have at sea in the same theater. As Individual Augmentees or as units, these brave men and women are bearing well the legacy of courage under fire left us by our predecessors in Navy blue.

Some of those predecessors helped win the Cold War, another global struggle against enemies of freedom, which began sixty years ago. More than 2,000 of our shipmates made the ultimate sacrifice in Korea and Vietnam, and thousands of others were wounded. Due to their efforts.

and the sustained, steady effort by the hundreds of thousands of other men and women who served in the Navy during this critical period, the Cold War ended peacefully and democracy was embraced by much of the world. I encourage Navy commands to incorporate Cold War themes into their 2006 Navy Birthday events and to honor former cold warriors during appropriate ceremonies.

The Naval Historical Center [NHC], Naval Historical Foundation [NHF] and Historic Naval Ships Association [HNSA] stand ready to assist. The NHC webpage -www.history.navy.mil - contains a vast archive of Cold War-related material and includes many historical resources. The center has also initiated an expansion of the national museum of the U.S. Navy to include a gallery entitled "The Navy in the Cold War: Korea, Vietnam, and the Soviet Confrontation." While the gallery will not be completed in 2006, there are materials available the NHC can provide that discusses the gallery's proposed content.

The NHF website -www.navyhistory. org - features a naval heritage speakers list that includes experts conversant on cold war subjects and, like the NHC, offers oral history collections featuring interviews with numerous Cold War veterans. Information about ships that saw service during the cold war can be found at www.hnsa.



org. Points of contact include: NHC: Mr. Jack Green, 202-433-7880, jack.green@navy.mil; NHF: Dr. Dave Winkler, 202-678-4333,dwinkler@navyhistory.org; HNSA: Mr. Jeff Nilsson, 757-356-9422, info@hnsa.org.

As one of my predecessors, Admiral George Anderson (CNO 1961-1963) -- a cold warrior himself -- put it, "The Navy has both a tradition and a future, and we look with pride and confidence in both directions." I know you share that pride and confidence with me.

Happy Birthday, Shipmates.

### Sailors Celebrate Navy Birthday at Naval Station Everett

By MC3 Douglas Morrison Special to Penny Press

More than 260 Sailors and their guests celebrated the Navy's 231st birthday at Naval Station (NAVSTA) Everett's Navy Birthday Ball at the Station's Grand Vista Ball Room Oct 13 "The reason we have the Navy birthday ball is to remember all of those Sailors who came before us and made the Navy what it is today," said Cmdr. Donald Leingang, NAVSTA Everett executive officer. "It gives us a chance to gather and reflect on what the Navy was like in the beginning, what it is now and where it is going in the

future."

The night began with an hour-long reception where guests caught up with their Navy family.

"It's good to sit down with some of the shipmates I haven't seen in few months because of our different duties," said Culinary Specialist Seaman Jeffery Franklin, Carrier Strike Group Nine.

"It's nice to dress up. I don't get to do that often," said Culinary Specialist 2nd Class Shequita Hamilton, NAVSTA Everett Supply. "I have also enjoyed getting to know my chain-of-command a little better."

## Local News

#### **PHOTO**

Continued from page 1

to allow submissions from throughout the Navy. It was also revised to accommodate all Sailors (E-6 and below) working within the new mass communication specialist (MC) rate, which encompasses the former rates of photographer's mate, journalist, lithographer and draftsman.

"Regardless of what some might think, the communication field is 80 percent visual," said guest speaker Cmdr. Daniel Abrams, director of Fleet Public Affairs Center Norfolk. "As much as former PHs [photographer's mates] must learn to write, they are also responsible for teaching the other rates how to shoot so we can move down the road toward this MC rate."

The 2006 symposium included lectures by retired Chief Photographer's Mate (AW) Johnny Bivera, president of NANP; Abrams Alejandro Tomas, director of the commercial photography program, Seattle Central Community College; and Swan Mossberg, of Glazers Camera. There were also product demonstrations by representatives from several photographic companies.

According to the contest's official information and entry packet, judging of photo submissions was conducted by some of the finest civilian photographers in the country in disciplines such as industrial, sports, news, and commercial photography.

"We judge a photo based on a number of things, first and foremost is who we are as human beings," said Tomas, a former combat cameraman. Tomas served as a judge for the event and gave a lecture on photo composition for the symposium.

The highlight of the event was the awards ceremony. Winners were selected in six individual categories as well as an overall portfolio winner, who was honored as Photographer of the Year. This year's overall winner was Mass Communication Specialist 1st Class (SW/AW) Michael Larson, Fleet Imaging Combat Camera Pacific, who was unable to attend.

All category winners took home a plaque with inscription and a copy of "Eyes of the Fleet, A History of Naval Photography"

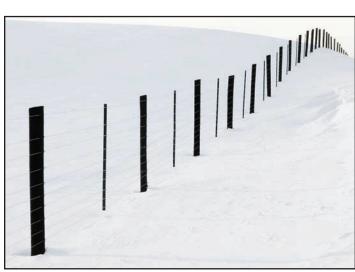


Photo By MC3(AW) M. Jeremie Yoder

MC3(AW) J. Jeremie Yoder's photo "The Contrast of Black on White" won the outdoor category. The contest was open to Mass communication specialists from across the nation.

by Art Giberson, as well as a different assortment of camera gear based on their winning category.

2006 Walter L. Richardson Winners:

Photographer of the Year: Mass Communication Specialist 1st Class Michael Larson

Photo Feature Layout With Picture Story: Mass Communication Specialist 2nd Class Jennifer Villalovos

Illustrative Photography: Mass Communication Specialist 2nd Class Jennifer Villalovos

Digital Darkroom: Mass Communication Specialist Seaman Kenneth Hendrix

Military Environment: Mass Communication Specialist 1st Class Shane T. McCoy

Outdoor Photography: Mass Communication Specialist 3rd Class Moses Yoder

Environmental Personality Portrait: Mass Communication Specialist Seaman James R. Evans

#### HOME Continued from page 1

Kunkle added that she would love to see more volunteers at the care center and that the volunteer opportunities range from one-on-one time with each patient to running projects for the whole community.

"You can't have enough volunteers," Kunkle said. "I could have 100 people volunteering and have everyone doing 100 different things."

"We want volunteers to come on a regular basis," Kunkle said. "All they have to do is fill out a volunteer packet that they can pick up here or we can mail to them, then we'll do a background check and make sure they have their tuberculosis

shots. After that is done, we'll sit down and interview them and ask them what their expectations are."

Anyone interested in volunteering at the Everett Rehabilitation and Care center, should call Activities Coordinator Kristen Kunkle at 425-513-1600.

Shipmates, you've heard the saying "knock down and drag out," usually spoken when it concerned a big argument or fight? Well this term came from the waning days of sail during the late 1800's and the early 1900's. "Bucko" mates (mates who drove their men extremely hard) would turn the men out promptly for watch by knocking them down out of their bunks and dragging them out from the foc'sle to the main deck sometimes precipitating a big fight well remembered by the other sailors and almost always won by the mate!



### MWR

## Want To Stretch Your Legs In The Outback?

### Navy Mwr Offers Chance To Win Free Trip To Australia

FROM NAVY MWR MARKETING

Special to Penny Press

Navy Morale, Welfare and Recreation (MWR) is giving away two trips to Australia and a host of other prizes in a contest ending Dec. 1.

Winners will be drawn the week of Jan. 15 in a contest held by a partnership between MWR's Information, Tickets and Travel (ITT) office, Qantas Airlines and Military Tours.

Two winners and one guest each will win an 11-day/8-night trip to Australia (includes travel days and time zone differences). The grand prizes, which are valued at more than \$8,750 each, include airfare from the contestants' chosen ITT office to Australia, accommodations and two land tours.

"A special user-friendly Web site has been set up at www. ittaustralia.com, which allows authorized MWR customers to enter the contest, learn about the different vacation destinations

in Australia or plan their own trip," said Dawn E. Smith, Navy MWR's ITT program manager. "The contest is also being offered at participating Marine Corps Information, Tickets and Tours (ITT) offices and Army Information, Tickets and Reservation (ITR) offices."

To enter, MWR customers should visit www.ittaustralia.com between now and Dec. 1 and complete the online entry form, which will be electronically forwarded to their chosen ITT office for entry into the local contest. Each local ITT office's first place winner will then be entered in the grand prize drawing.

All entries must be received by close of business, local time on Dec. 1 to be eligible for the contest. Customers without Internet access should visit their local ITT office to enter online. Each participating ITT office will conduct their local contest Dec. 1-8.

A list of participating ITT/ITR offices may be viewed at www.ittaustralia.com. Drawing for the grand prize will take place the week of Jan. 15, and the grand prize winners will be notified by Jan. 24.

For more information on the local contests, visit your ITT office. For complete rules and entry into the grand prize drawing, visit www.ittaustralia.com.



Don't let the movie prices get you down. Pick up your discounted movie passes from MWR for \$5 for Regal and AMC Lowes theaters. The passes are good for all theatrical releases.

Stuck on duty? Then swing by MWR's Gear Issue to rent movies, games and video game systems. All rentals are 24 hours and free!

## Final Words

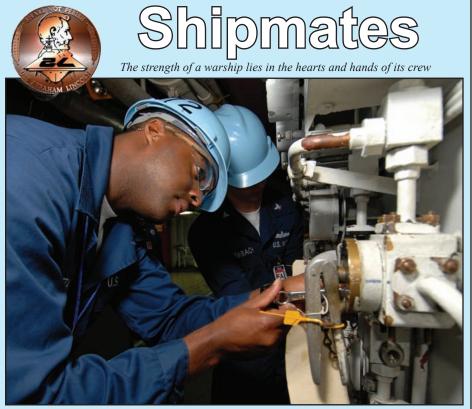


Photo By MCSN James Evans

DCFN Jermaine Cabeza and DC3(SW) Logen Steinbach replace selector valves for floodable voids after performing maintenance onboard USS Abraham Lincoln (CVN-72). Lincoln is currently in drydock and is scheduled to undergo repair and refurbishment as part of a Drydock Planned Incremental Availability (DPIA) period at PSNS over the next six months.



DPIA security badges for new check-ins are available for pickup in the Security Manager's Office (03-140-4-A) on the barge from 8:30-9:30 a.m. daily.

USS Abraham Lincoln Safety Department's

Safety Sailor of the Week

While using a needle gun, SN Chin of Deck's 2nd Div. ensured his safety by using PPE (goggles and double hearing protection).



## **Editor's Top 10**

## Signs Hell Has Frozen Over:

- 10. Condoleeza Rice is on the cover of Maxim.
  - 9. Sony scraps the Playstation 3 due to lack of public interest.
    - 8. Editor's Top 10 is enjoyed by all.
- 7. Rod Stewart enters Billboard charts at #1.
- President Bush invites Osama Bin Laden to the White House for punch and pie.
  - 5. Jon Stewart is elected president.
- 4. Tupac releases his 12th album, even though he's been dead since '96.
- 3. Rolling Stones stop touring.
- 2. Bill Gates wins McDonald's \$5 Million Monopoly prize.
- 1. Johnny Knoxville gets Academy Award for Jackass 2.